

Mediterrania

Cycling Tours



CYCLING ROUTES FROM FALSET

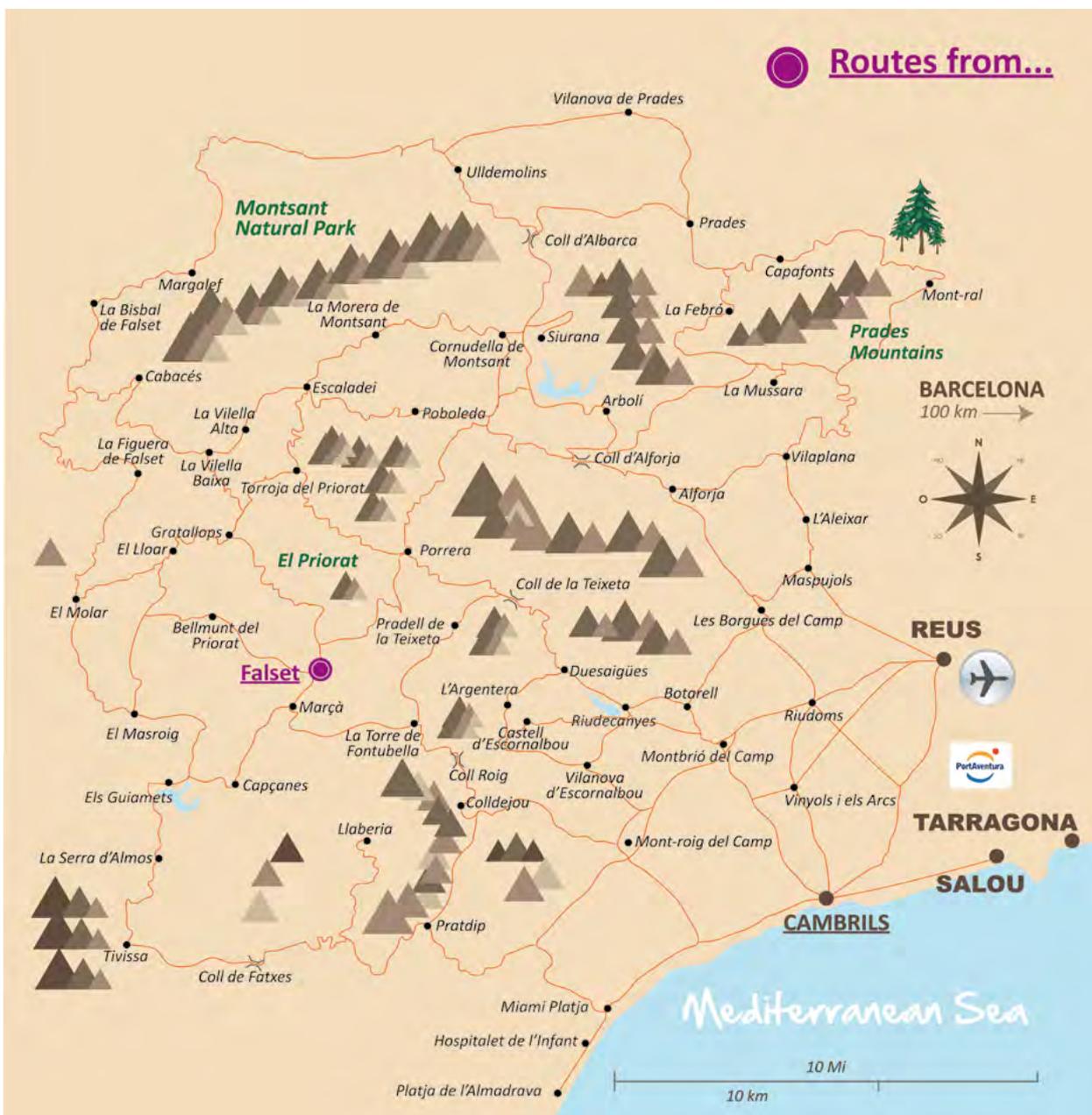




Mediterrania Cycling Tours invites you to discover one of the most outstanding regions in the world for cycling tourism.

From **Hotel-Hostal Sport in Falset**, you will find more than 2000 km of quiet roads with excellent quality surfaces, areas of natural interest and a rural environment along the Costa Daurada and Terres de l'Ebre.

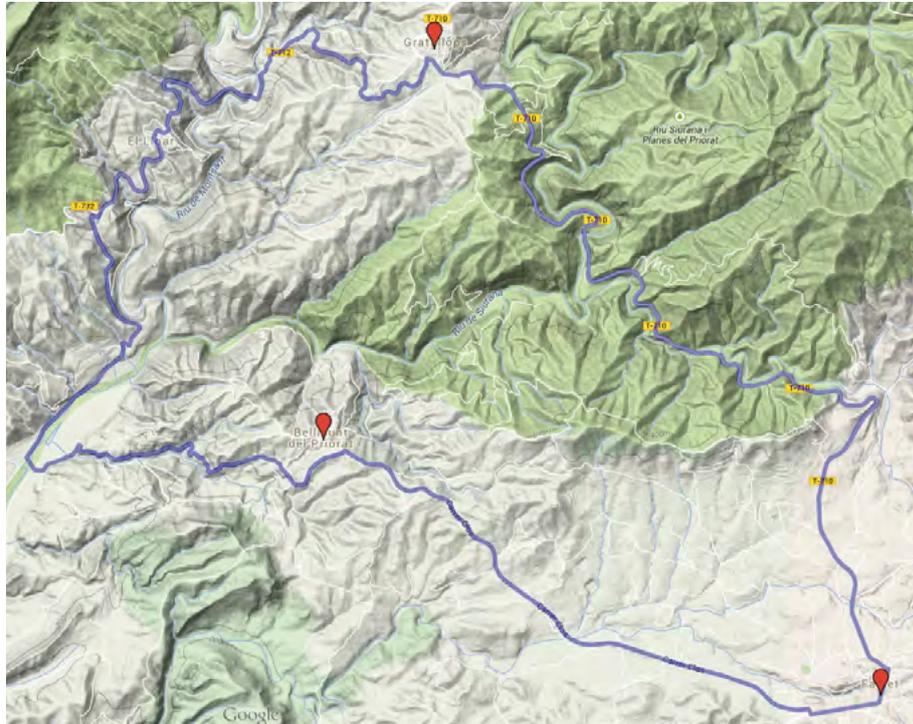
We provide you with the 20 routes from Falset that are most representative of southern Catalonia.



ROUTES FROM HOTEL-HOSTAL SPORT, FALSET

- 26 km. Gratallops and Bellmunt
- 33 km. Coll de La Teixeta
- 34 km. Gratallops, Torroja and Porrera
- 54 km. La Figuera
- 57 km. La Morera del Montsant
- 68 km. Escornalbou Castle
- 71 km. The Walls of El Priorat
- 75 km. Miravet and Pas de la Barca
- 79 km. Cambrils
- 81 km. Siurana and Escaladei
- 82 km. Coldejou and Llaberia Mountains
- 91 km. Tour of El Montsant
- 100 km. Pinell de Brai and Gandesa
- 111 km. Mussara and Prades
- 119 km. Poblet
- 128 km. La Teixeta, Fatxes and La Figuera Passes
- 136 km. Montsant and Muntanyes de Prades
- 137 km. Horta de Sant Joan
- 162 km. Ribera d'Ebre and Terra Alta
- 195 km. El Caro

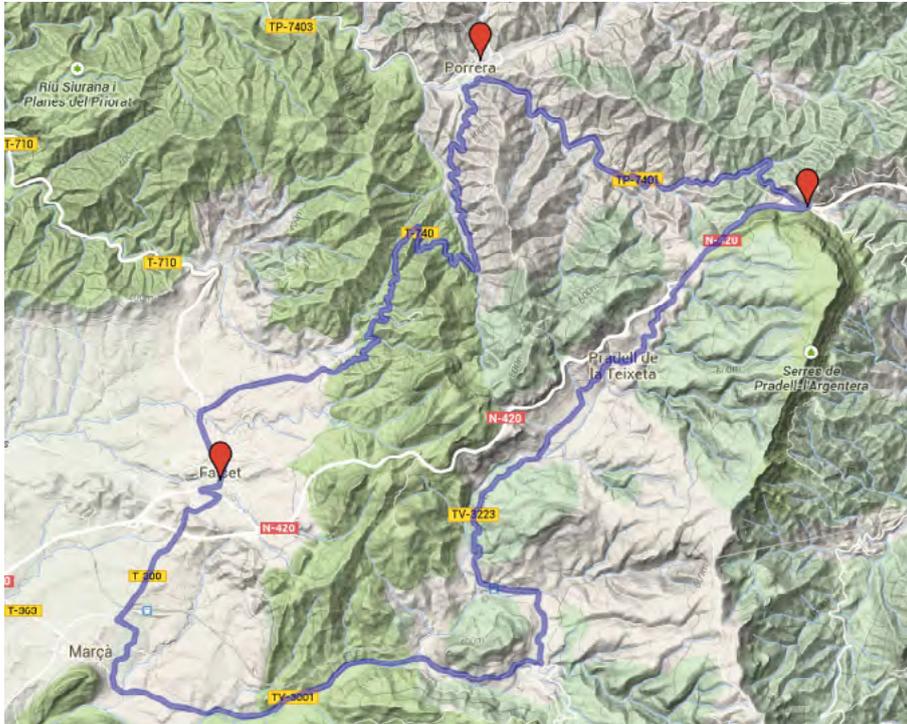
26 KM GRATALLOPS AND BELLMUNT



26 km. Gratallops and Bellmunt

A small but demanding taste of EL Priorat by bike.

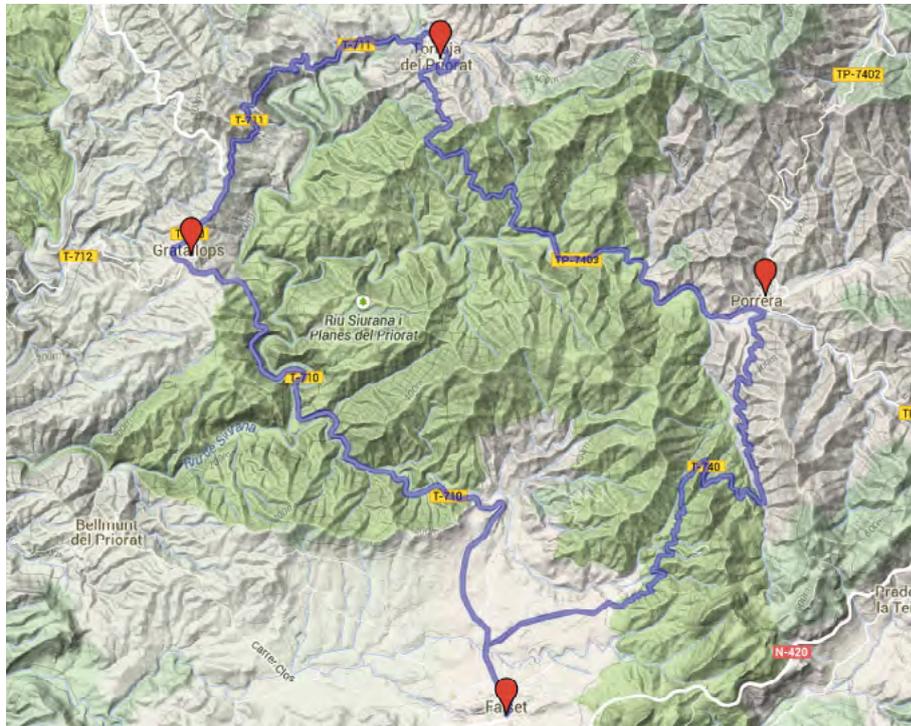
33 KM. COLL DE LA TEIXETA



33 km. Coll de La Teixeta

A short circuit that takes us over the La Teixeta and Porrera passes.

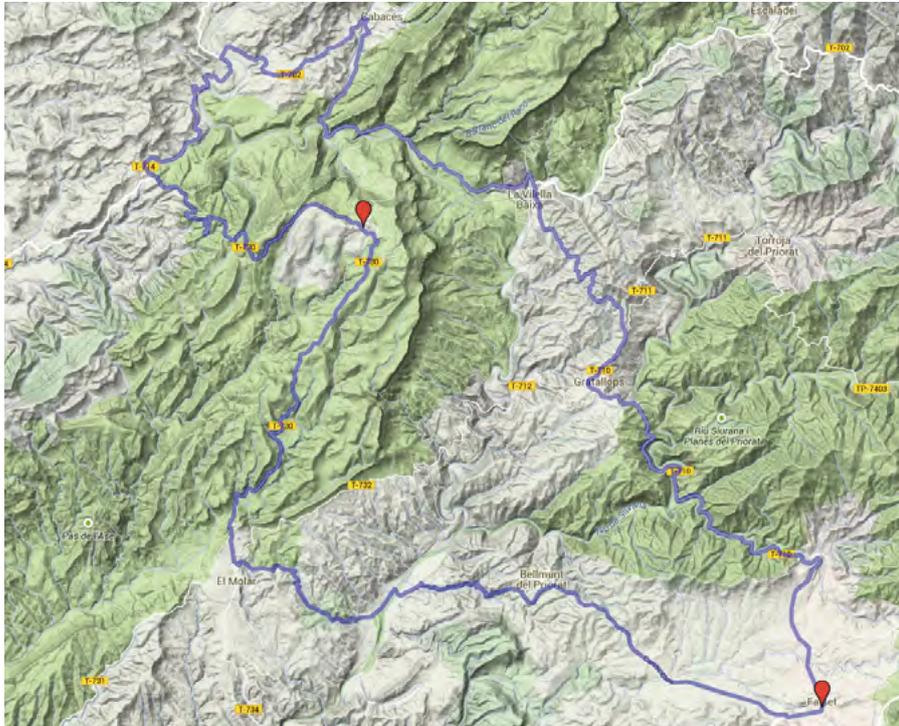
34 KM. GRATALLOPS, TORROJA AND PORRERA



34 km. Gratallops, Torroja and Porrera

A circular route that takes you through the 3 best-known villages of the DO Priorat wine region.

54 KM. LA FIGUERA



54 km. La Figuera

This route takes you through La Figuera, one of the highest villages in El Priorat.

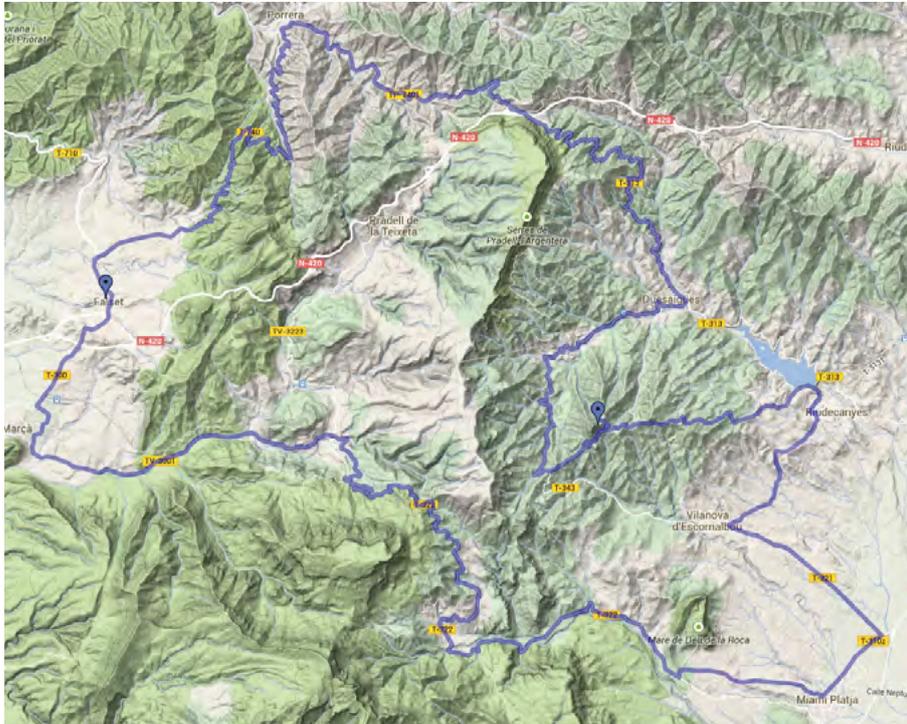
57 KM. LA MORERA DEL MONTSANT



57 km. La Morera del Montsant

On the skirts of its well-known mountains, La Morera del Montsant is the highest village in El Priorat. Impressive views of the Montsant Mountains.

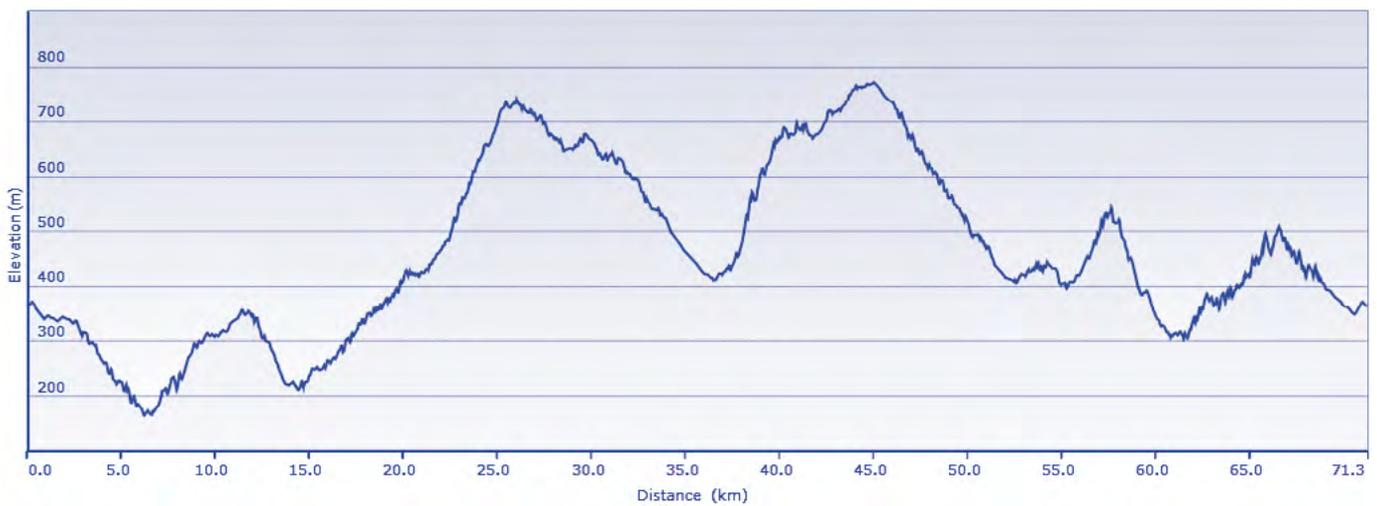
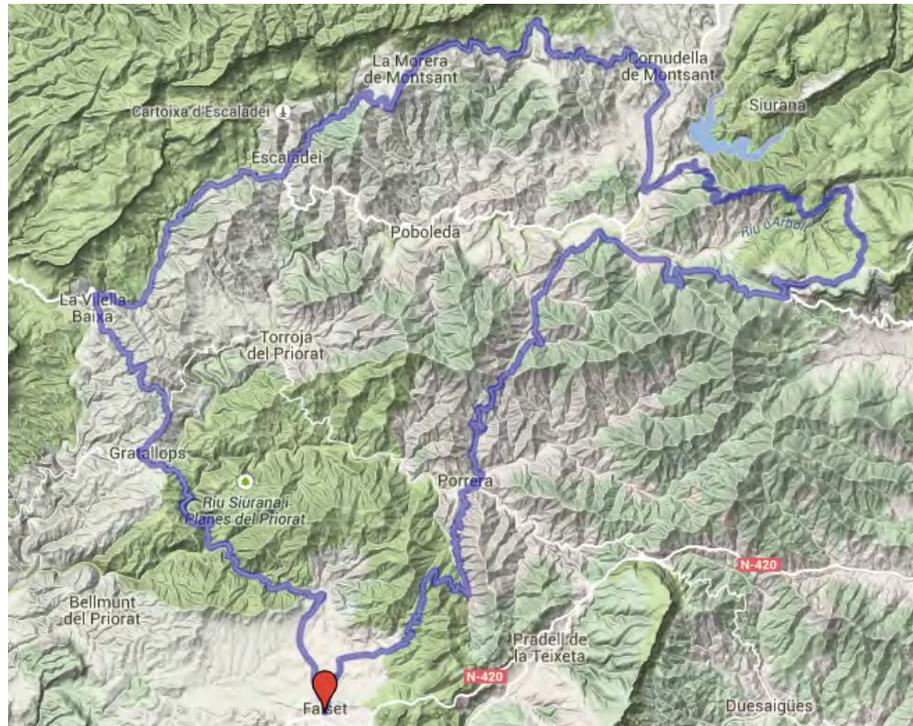
68 KM. ESCORNALBOU CASTLE



68 km. Escornalbou Castle

This route combines three climbs: La Teixeta Pass, Escornalbou Castle and Roig Pass. From Escornalbou, you will have a privileged view over the Camp de Tarragona region.

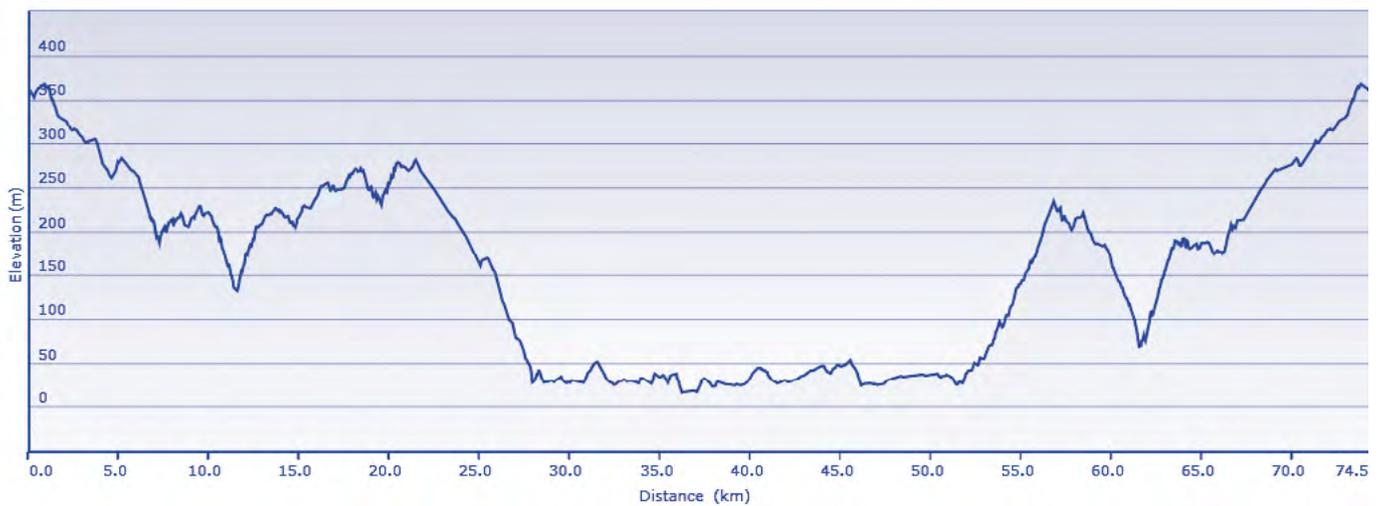
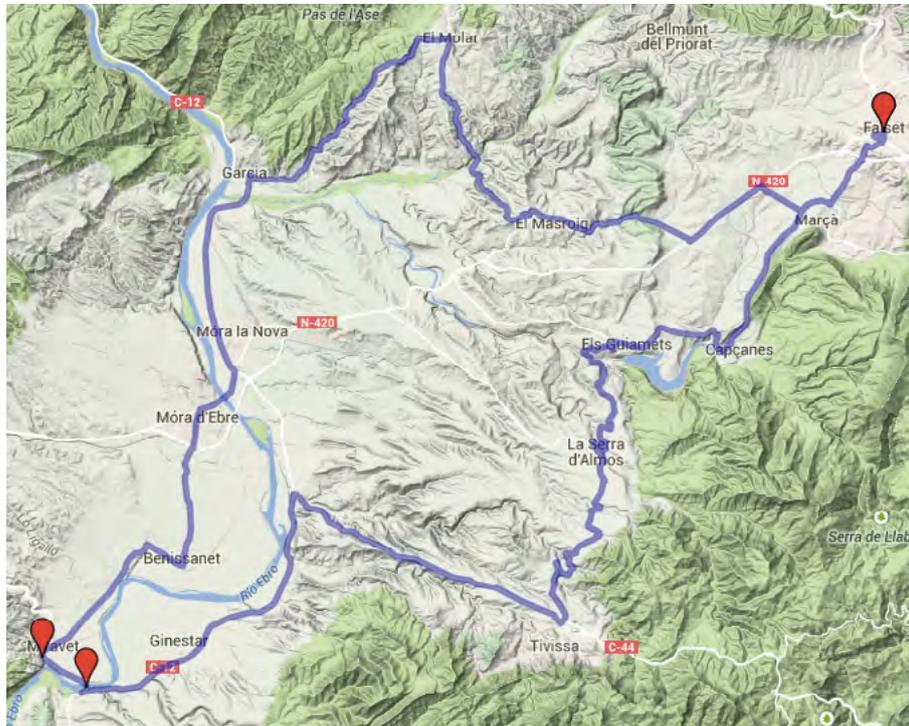
71 KM. THE WALLS OF EL PRIORAT



71 km. The Walls of El Priorat

A route for climbers, with some of the most intense elevation gains in the county.

75 KM. MIRAVET AND PAS DE LA BARCA



75 km. Miravet and Pas de la Barca

This interesting route requires taking a ferry barge to cross the Ebro river, with Miravet Castle as a backdrop.

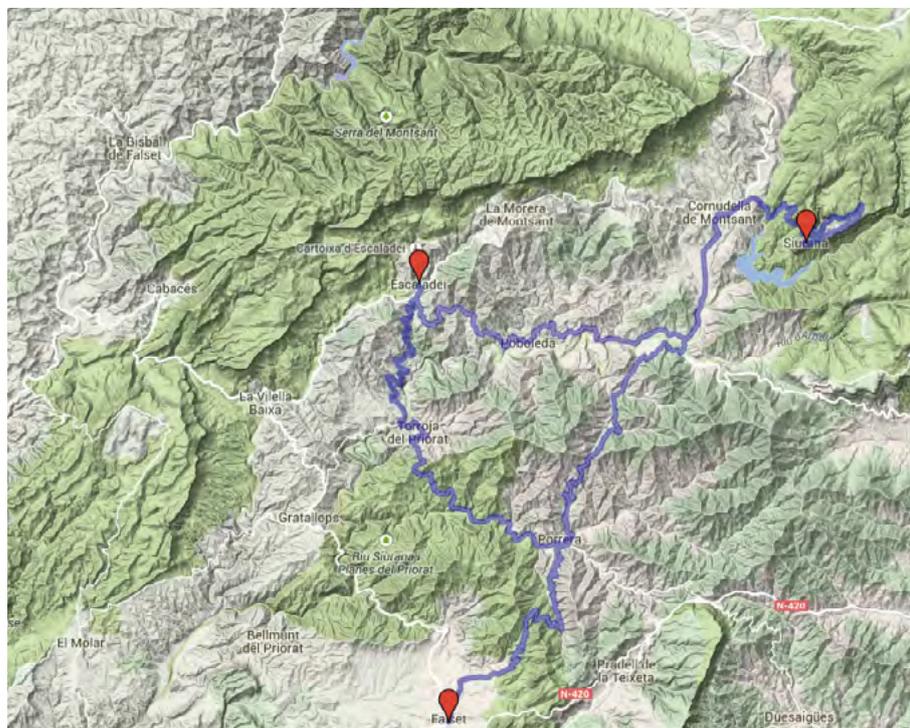
79 KM. CAMBRILS



79 km. Cambrils

Route to Cambrils, the most maritime town of El Camp de Tarragona. The outward route takes the Roig Pass and the return is via the La Teixeta Pass.

81 KM. SIURANA AND ESCALADEI



81 km. Siurana and Escaladei

A route that links Siurana and Escaladei, two icons of El Priorat

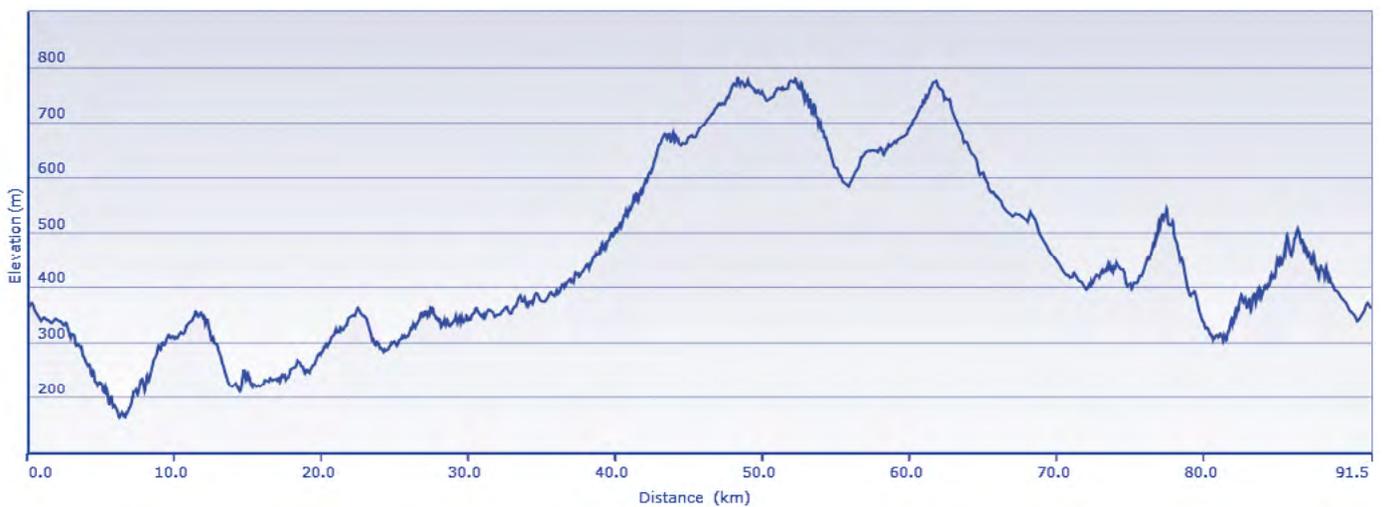
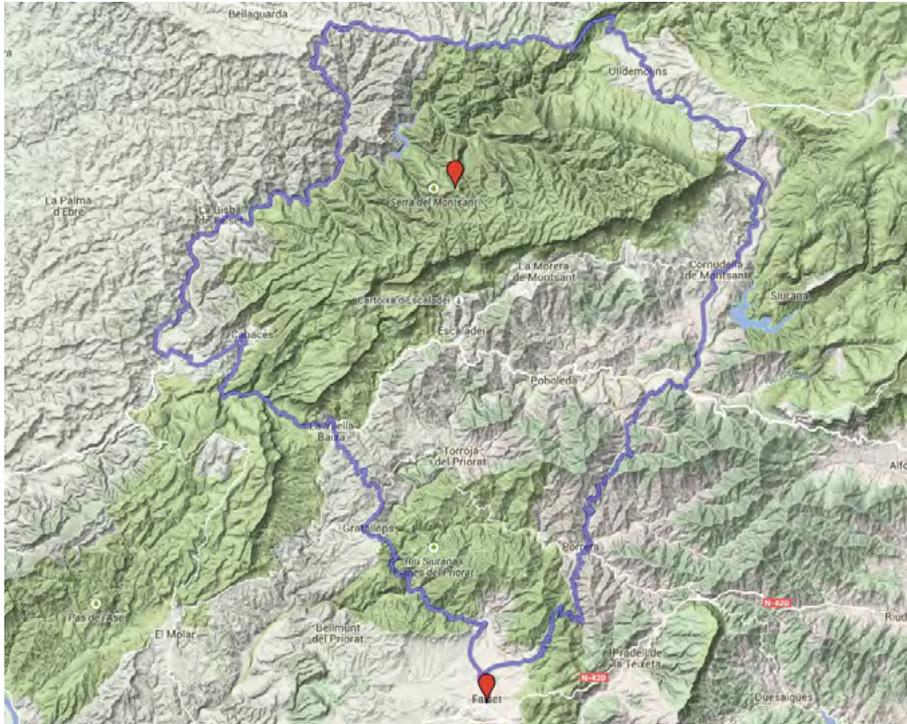
82 KM. COLLDEJOU AND LLABERIA MOUNTAINS



82 km. Colldejou and Llaberia Mountains

An extraordinary tour of the Colldejou and Llaberia mountains, with a nice climb to the isolated village of Llaberia.

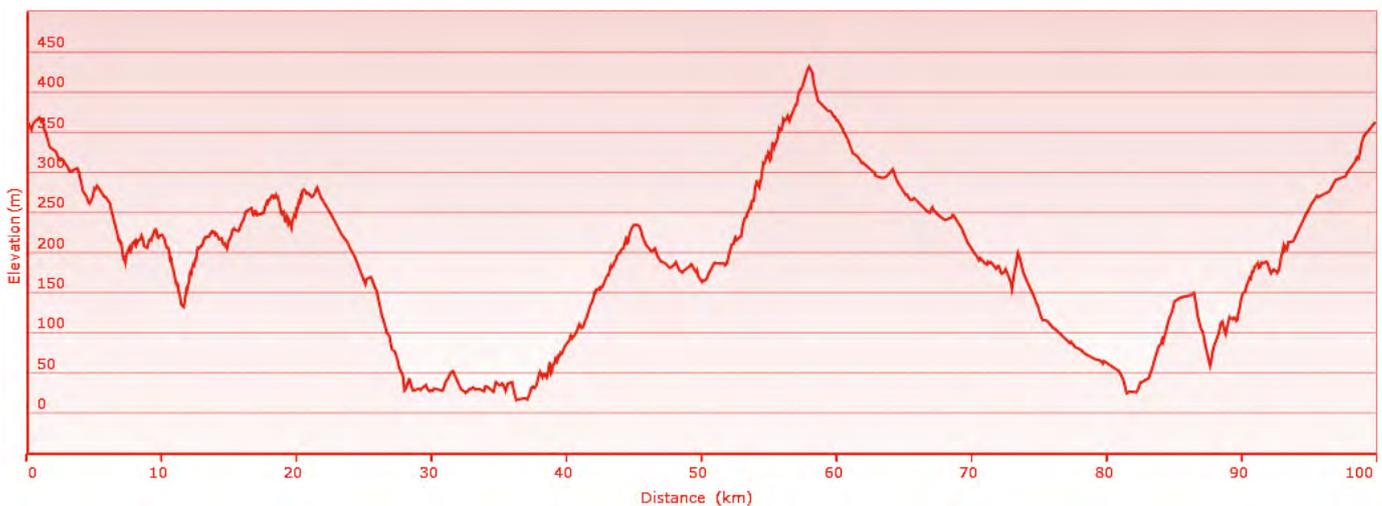
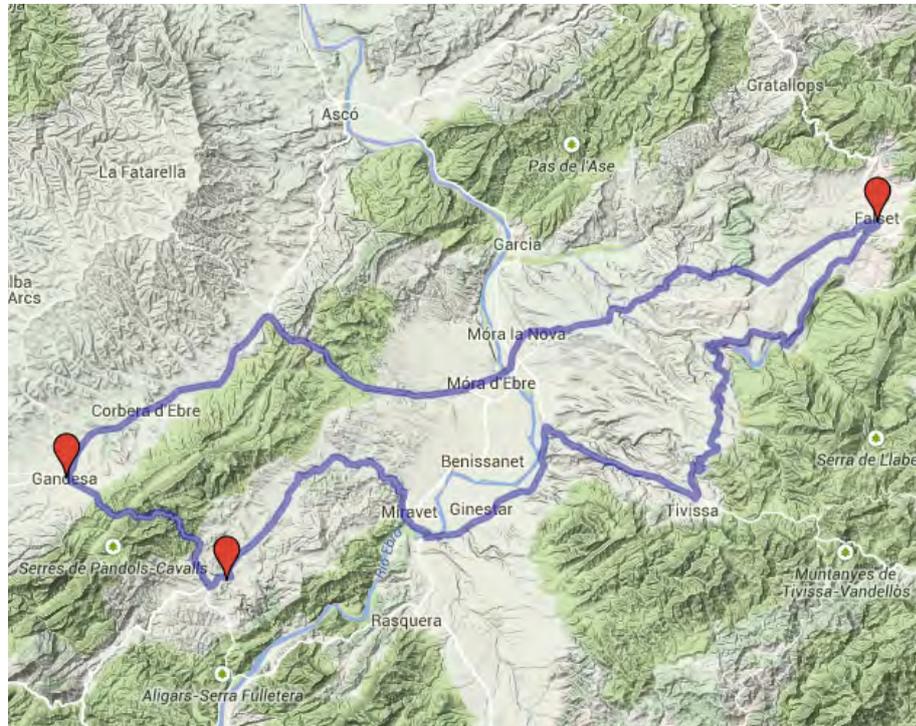
91 KM. TOUR OF EL MONTSANT



91 km. Tour of El Montsant

This is a route of great beauty through the Serra del Montsant natural park. Roads that wind among cliffs and canyons around the most spectacular mountain range in the county.

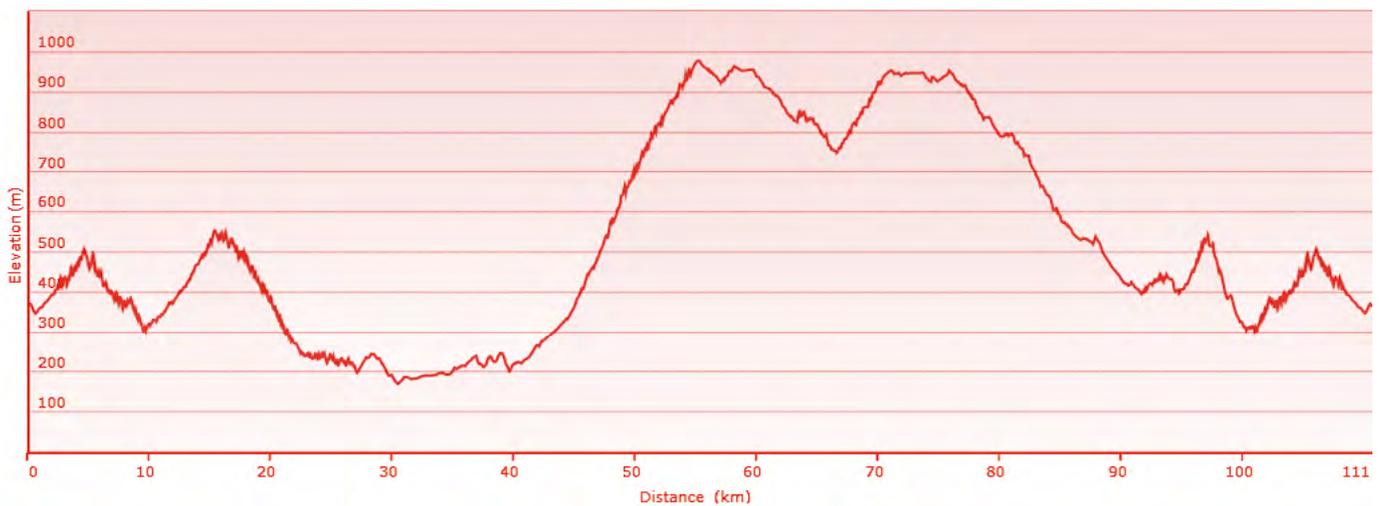
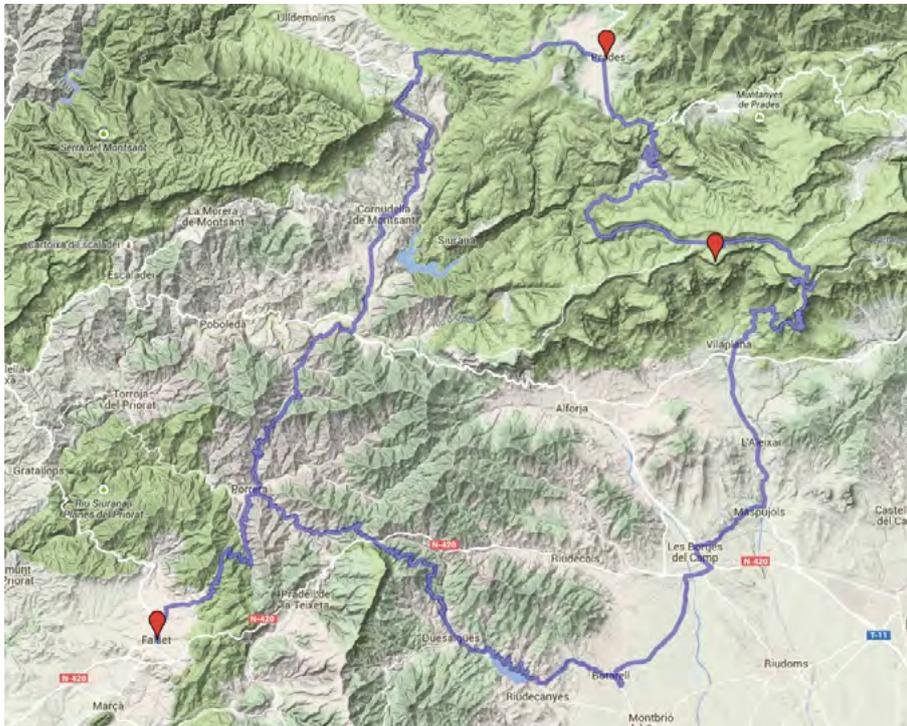
100 KM. PINELL DE BRAI AND GANDESA



100 km. Pinell de Brai and Gandesa

The Art Nouveau architectural movement left a notable mark on these counties. This is a route for admiring the “Cathedrals of Wine” - the buildings of the wine cooperatives in Pinell de Brai and Gandesa. Cesar Martinell, a disciple of Antoni Gaudí, was the architect who designed these two magnificent buildings.

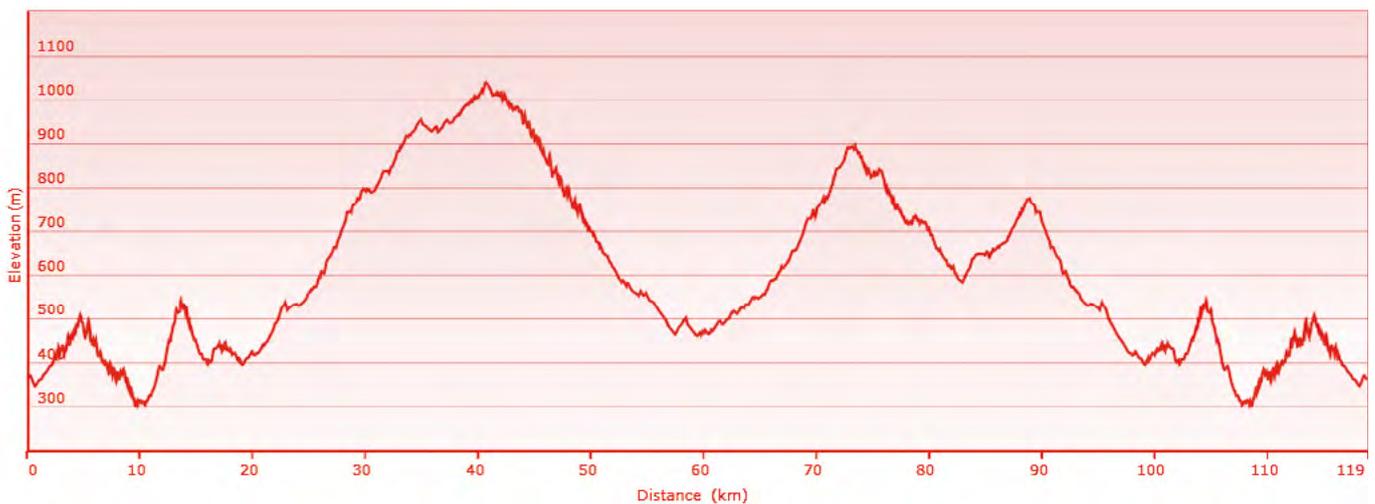
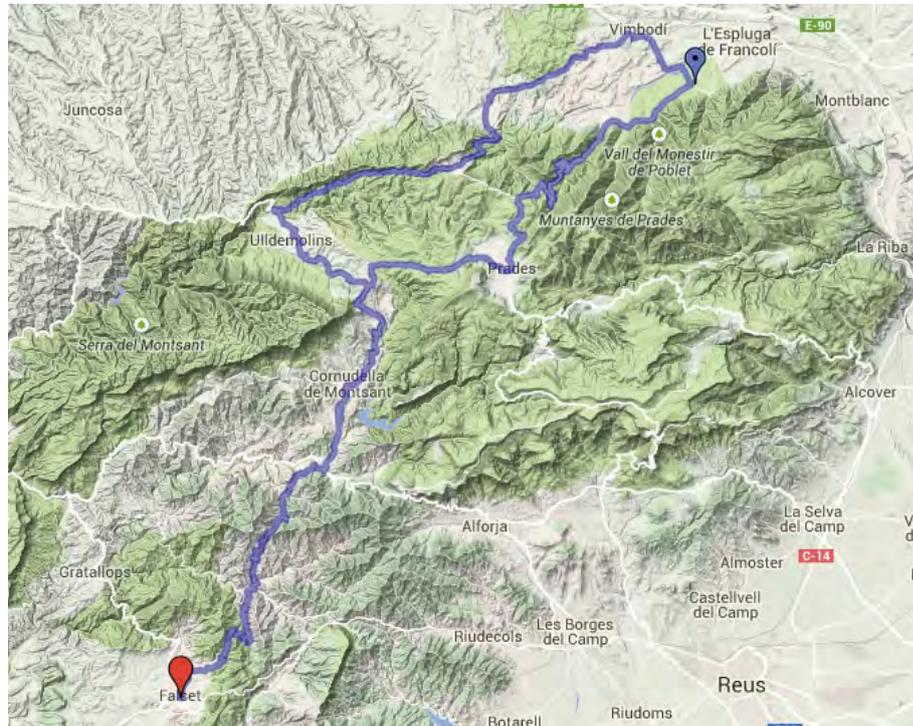
111 KM. LA MUSSARA AND PRADES



111 km. La Mussara and Prades

After the initial warm-up on the Porrera and La Teixeta passes, the ascent to La Mussara and Prades awaits you!

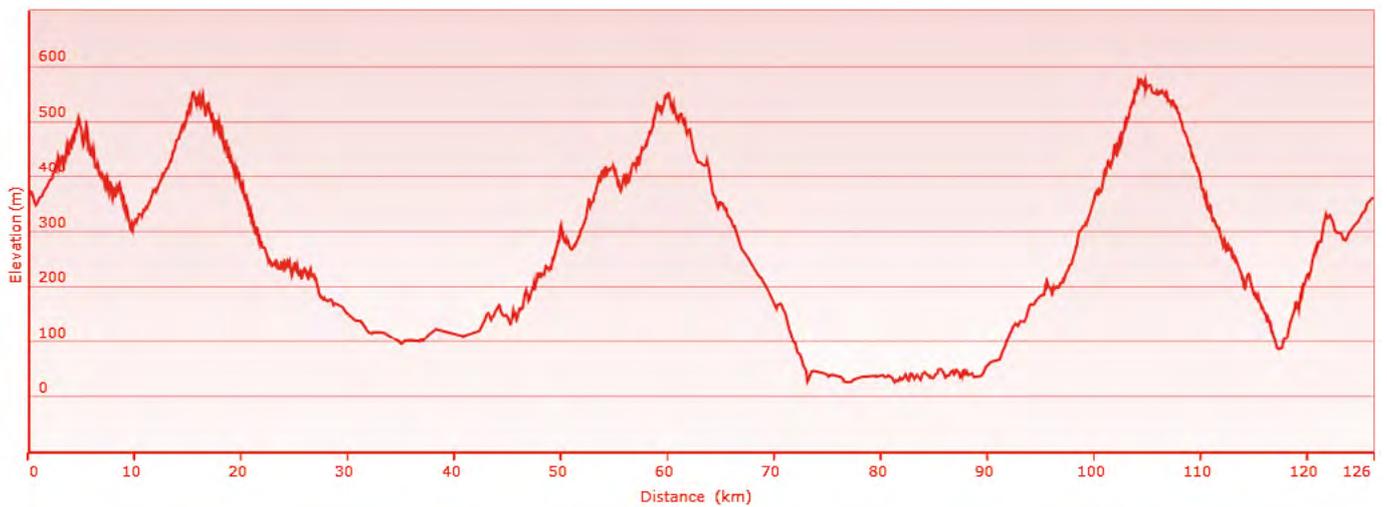
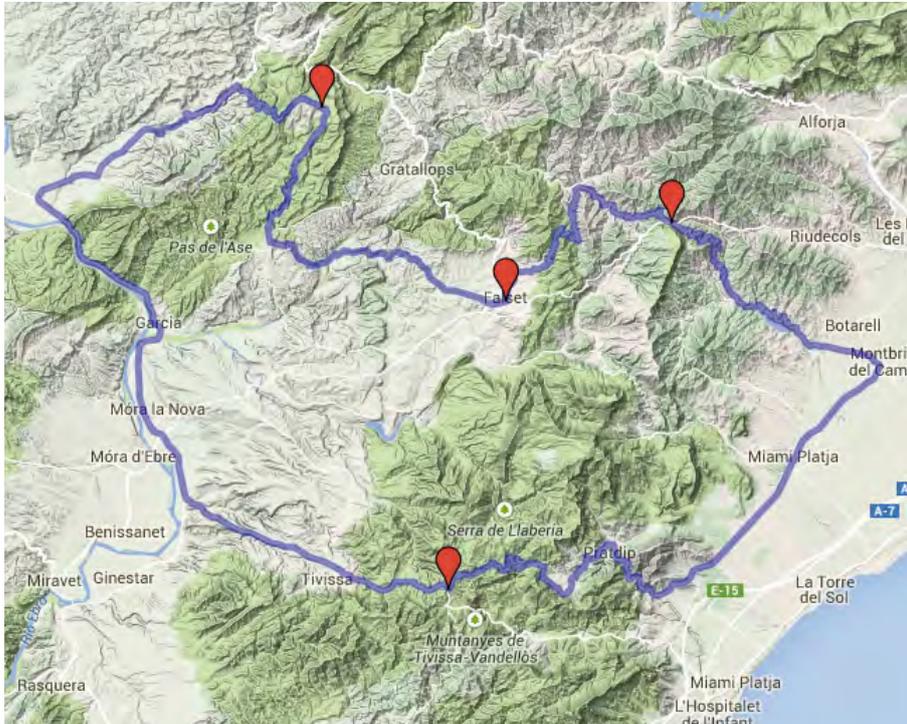
119 KM. POBLET



119 km. Poblet

This route crosses the Prades mountains from south to north. As well as its symbolic and historical importance, Poblet is also an impressive architectural site and is the largest inhabited monastic site on the continent of Europe. Poblet has been declared a UNESCO Human Heritage Site.

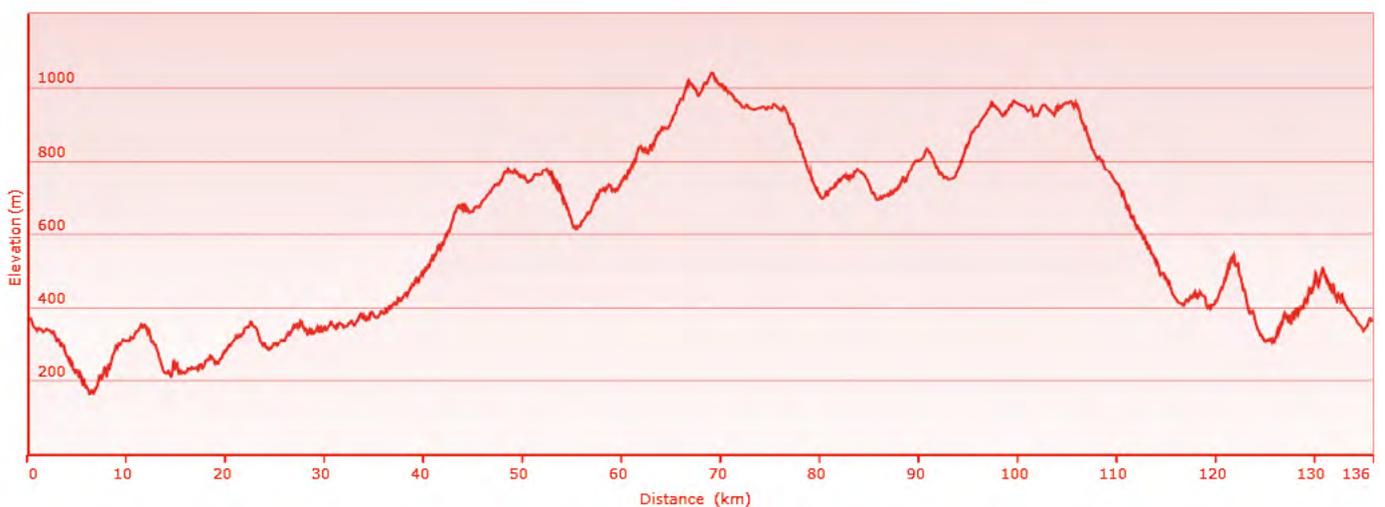
128 KM. LA TEIXETA, FATXES AND LA FIGUERA PASSES



128 km. La Teixeta, Fatxes and La Figuera Passes

A nice combination of ascents and descents, with two flat sections, through the Camp de Tarragona area and the Ebro river.

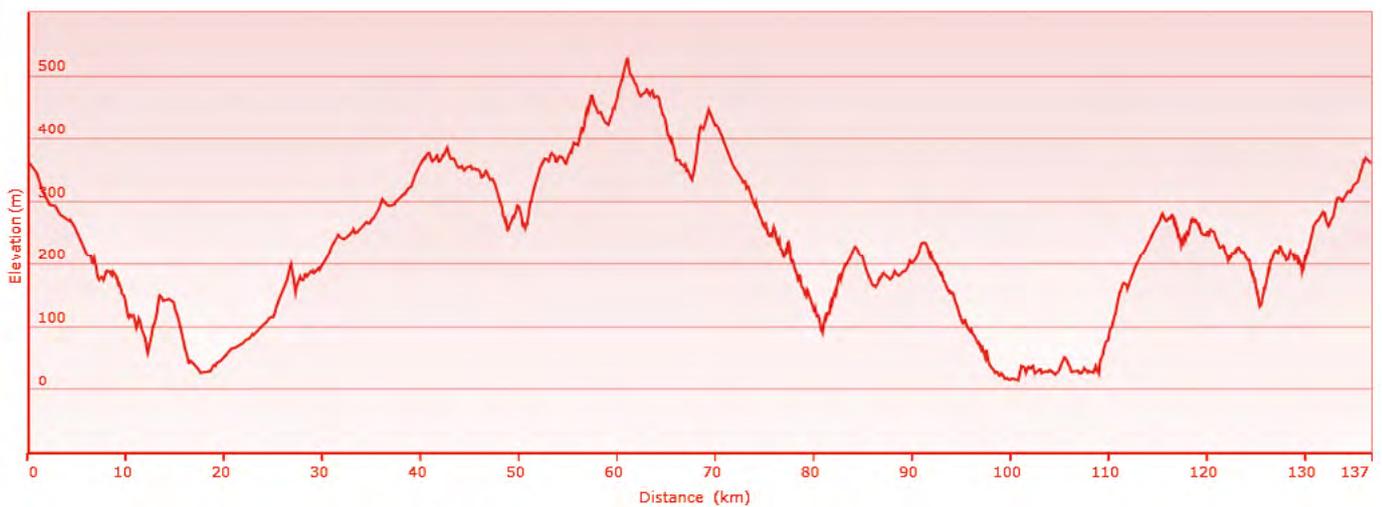
136 KM. MONTSANT AND MUNTANYES DE PRADES



136 km. Montsant and Muntanyes de Prades

This long circuit through the mountains of Prades and El Montsant includes long ascents, demanding ramps, rural, wild, coastal and pre-alpine landscapes. An unforgettable experience for the cycling tourist.

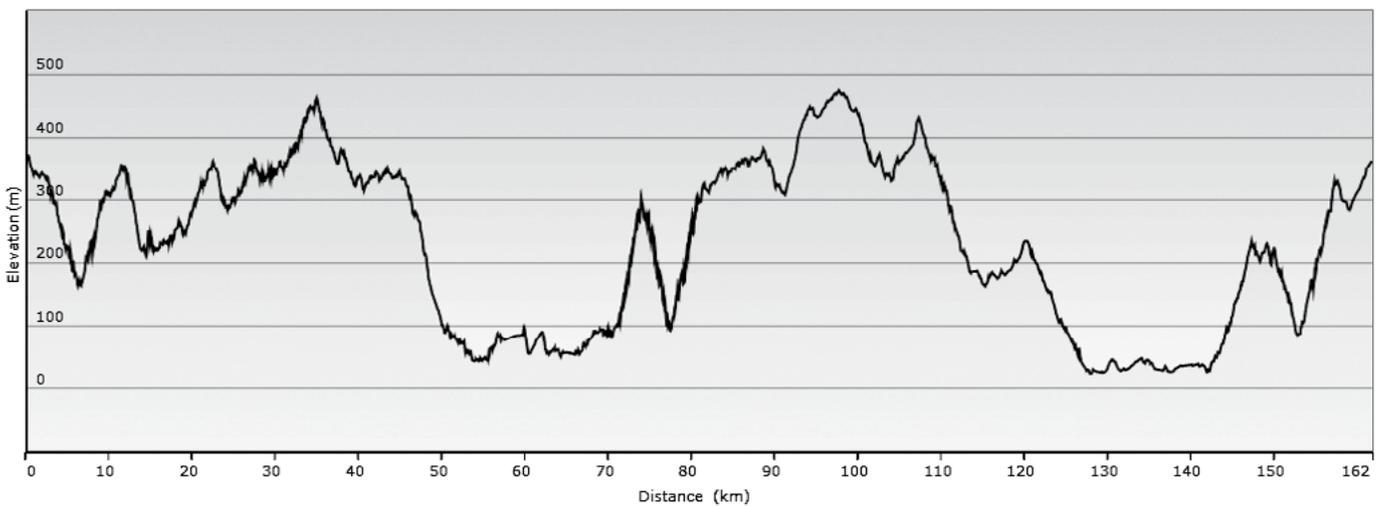
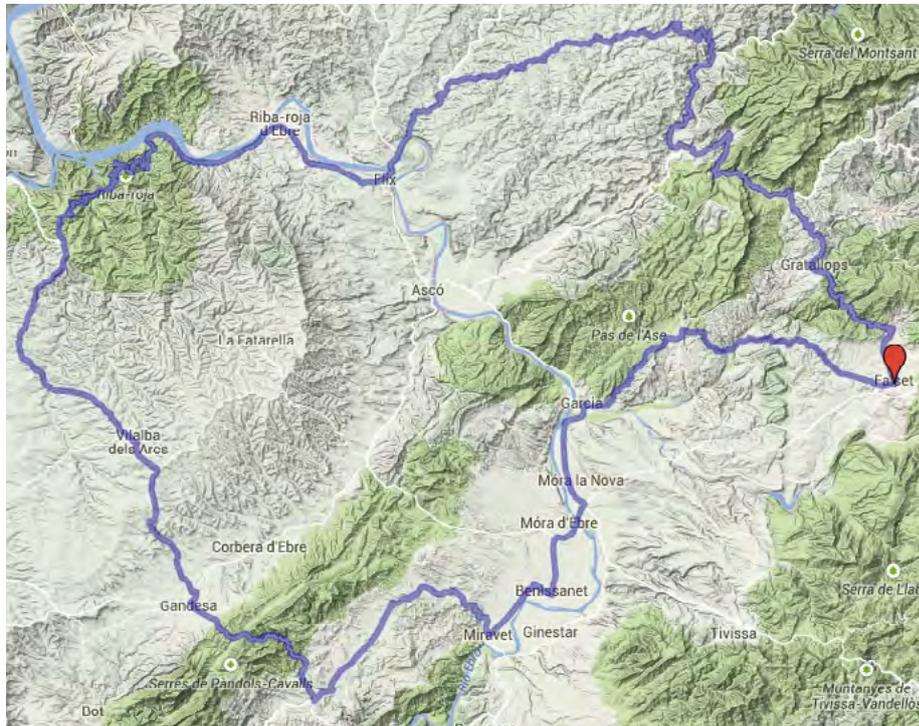
137 KM. HORTA DE SANT JOAN



137 km. Horta de Sant Joan

“Everything I know, I learned in Horta” said Picasso. A visit is a must for all good cycling tourists and will allow you to see a large part of the landscapes that so influenced the work of this genius artist.

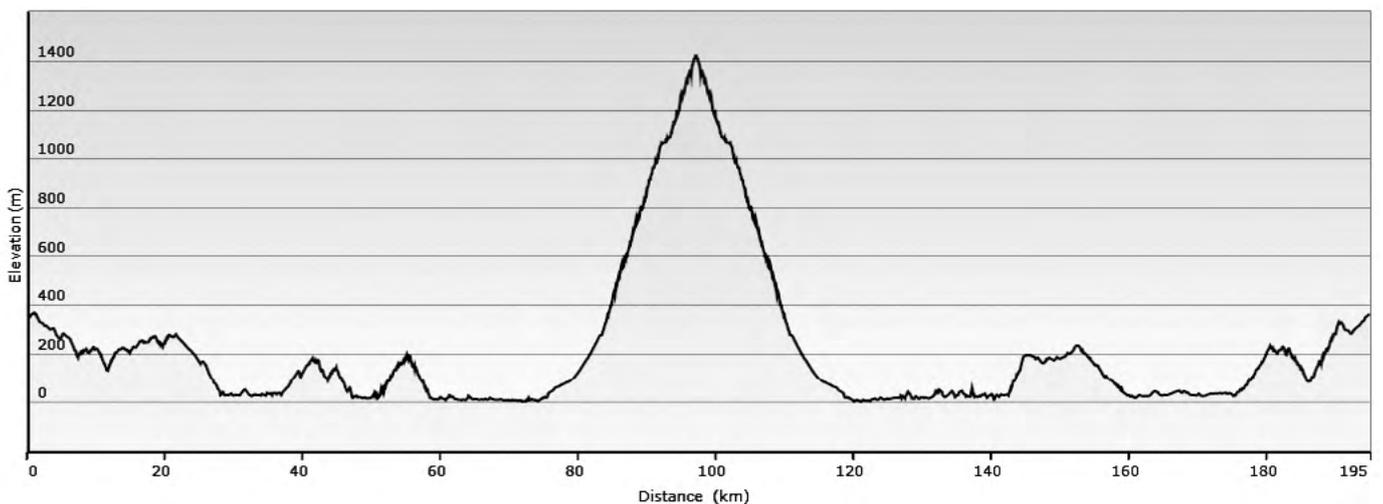
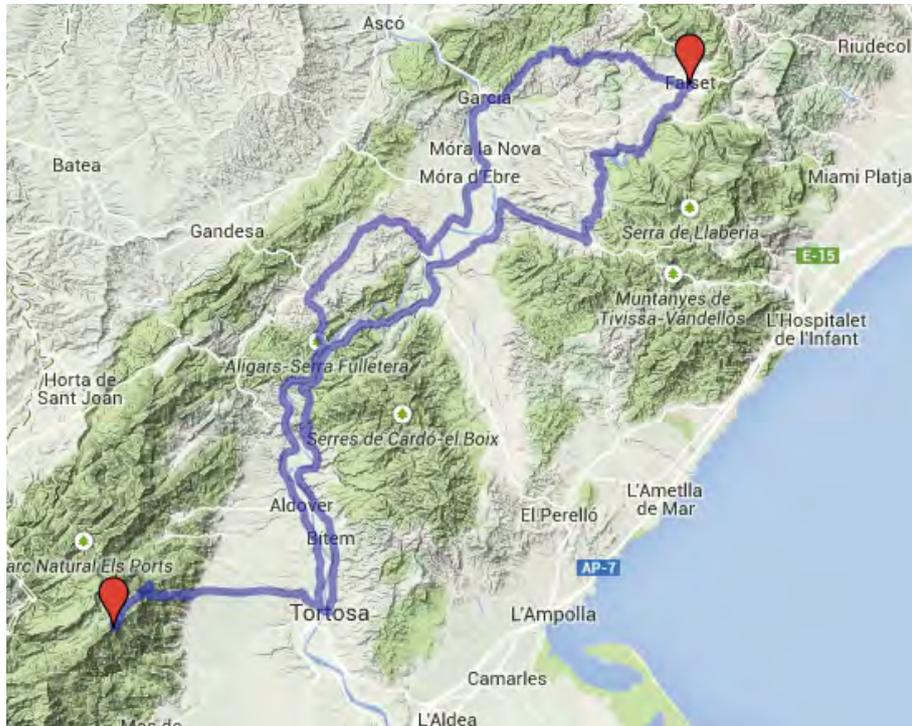
162 KM. RIBERA D'EBRE AND TERRA ALTA



162 km. Ribera d'Ebre and Terra Alta

An excellent route for discovering the counties of Ribera d'Ebre and Terra Alta. It runs through quiet roads with insignificant amounts of traffic.

195 KM. EL CARO



195 km. El Caro

An agricultural landscape with rising and falling terrain, along both banks of the Ebro river (outward and return). In Tortosa, we climb up to the Els Ports natural park, where we begin the hard, hard climb up to El Caro, the highest summit in the province of Tarragona. The difficulty rating of this climb is similar to that of the legendary Tourmalet from Campan, with demanding successions of ramps.

You might also like...

DO Mediterrania

400 km



The essence of cycling tourism. 400 km of the finest, quiet secondary roads through one of Spain's premier wine and olive-oil regions. Take the tour and experience the real Catalonia.

Bike & Wine



Great cycling and a visit to one of the local Prio-rat or Montsant wineries, for breakfast and wi-ne-tasting.

Bed & Bike



Check out the bike-friendly hotels, guest hou-ses and campsites in our region. Book you ac-commodation directly here and organize your bike rental before you arrive.

Custom Activities



- Training Camps
- Pyrenees: Mediterranean to Atlantic
- Historical, Cultural, Gastronomic and Sports Outings
- Family Outings
- Corporate Events/Incentive Trips

BIKE AND MATERIAL RENTAL PRICES

Massi Carbon Team 105 (compact/triple)

€40 the 1st day + €25 for each additional day / €120 per week

Massi Carbon Pro Ultegra (compact)

€50 the 1st day + €35 for each additional day / €150 per week

Helmet

€2 per day / €10 per week

Pedals (KEO, SPD, SPD-SL)

€3 per day / €18 per week

Shoes

€4 per day / €24 per week

GPS pre-loaded with routes

€5 per day / free if you rent a bike for a week

CYCLING GUIDES AND SUPPORT VEHICLE

GUIDE

From 50 to 100 km or 3 to 5 hours **€90**

From 100 to 150 km or 5 to 7 hours **€130**

From 150 to 200 km or 7 to 8 hours **€180**

SUPPORT VEHICLE WITH DRIVER

From 50 to 100 km or 3 to 5 hours **€100**

From 100 to 150 km or 5 to 7 hours **€145**

From 150 to 200 km or 7 to 8 hours **€200**

SUPPORT VEHICLE WITH DRIVER AND TRAILER

From 50 to 100 km or 3 to 5 hours **€130**

From 100 to 150 km or 5 to 7 hours **€175**

From 150 to 200 km or 7 to 8 hours **€230**

If you want to hire a bike for more than a week or if you want to hire a guide and/or support vehicle for more than one day, please contact us at info@mediterraniacyclingtours.com for prices. **ALL PRICES INCLUDING VAT**



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